

NON GLUTEN CONTAINING

BREAKFAST MENU

AVOCADO (V) £7.80 371 kcal

Smashed avo on toasted GF bread with pomegranate and mixed seeds

Add: Bacon 179 kcal | Halloumi 234 kcal or Eggs 134 kcal £2

EGGS BENEDICT £9.00 682 kcal

Poached eggs, cured ham and harissa hollandaise on GF bread

SALMON AND CREAM CHEESE £9.50 340 kcal

Smoked salmon with a lemon and dill cream cheese and cucumber ribbons. Served on toasted GF bread

BACON ROLL £4.50 473 kcal

With gluten free bap

ALL DAY MENU

FULLY LOADED NACHOS (V) £7.50 957 kcal

Corn tortilla chips, smashed avo, cheese sauce, chipotle salsa, pico de gallo, chopped jalapeños and sour cream topped with cayenne ranch sauce

Add: Pork £3 123 kcal

EDAMAME (VG) £5.75 256 kcal

Pan-fried in soy, ginger, garlic and chilli

HUMMUS PLATE (V) £5.75 493 kcal

Hummus, olives, feta, pickled red onion and pomegranate seeds with GF bread

OLIVES (VG) £3.50 174 kcal Mixed marinated olives

PADRON PEPPERS (VG) £3.50 98 kcal

Pan-fried with sea salt

MAINS

CALIFORNIA BURGER SOLO £9 658 kcal W/A SIDE £12.50

Herby grilled chicken, smashed avo, coriander, spring onion, chilli and mayo. Served in a gluten free bun

CLASSIC CHEESE BURGER SOLO £8.50 718 kcal W/A SIDE £12

Grilled beef patty, mature Cheddar cheese, red onion, tomato and Giraffe burger sauce. Served in a gluten free bun PINK CAESAR SALAD £8.50 426 kcal

Baby gem, tomatoes, Parmigiano Reggiano crisps, boiled egg, beetroot and smoked Caesar salad dressing Add: Chicken £3.50 183 kcal | Halloumi £2 192 kcal

RODEO BURGER SOLO £9.50 777 kcal W/A SIDE £13

Herby grilled chicken, streaky bacon, mature Cheddar cheese, mayo and BBQ sauce. Served in a gluten free bun

SIDES £3.50

GARDEN SALAD (VG) 104 kcal

CABBAGE SLAW (VG) 101 kcal

PUDDINGS £5.50

APPLE CRUMBLE (VG) 498 kcal

Apple compote with our homemade nut crumble topping. Served with vegan vanilla ice cream

WARM CHOCOLATE BROWNIE (V) 477 kcal

With strawberries, melted chocolate and vanilla ice cream

ICE-CREAMS (V)

Three scoops of...

Choose: Salted caramel 178

kcal | Chocolate 212 kcal |

Strawberry 172 kcal | Vanilla

157 kcal | Vegan Vanilla (vg)

154

KIDS MENU

BREAKFAST

MINI BREAKFAST PLATE £1.50

from 389 kcal

Bacon, baked beans, GF bread and eggs (fried or scrambled)

DESSERTS

SEASONAL LOLLIPOPS (VG) 125 kcal

Fresh fruit skewers with chocolate dipping sauce

CHOCOLATE BROWNIE (V) 343 kcal

Add: Ice Cream for 50p

MAINS

£6 MAIN, PUDDING & SOFT DRINK. ADD £1 FOR A SMOOTHIE

BURGER

Choose herby chicken **417 kcal** or beef burger **360 kcal** in a GF bun with mixed veg

TROPICAL FRUIT ICE LOLLY (VG)

39 kcal

100% organic and no added sugar

ICE-CREAMS (V) A SCOOP OF...

Choose from: Vanilla **52 kcal** | Chocolate **71 kcal** | Salted caramel **59 kcal** | Strawberry **57 kcal** | Vegan Vanilla (vg) **51 kcal**

Giraffe does not offer a total gluten-free environment, as we use gluten in our recipes and in our kitchens. This menu has been adapted to ensure that gluten is not an intentional ingredient within a dish. Steps are taken to minimise any risk of cross-contamination, however we cannot guarantee the total absence of any allergen. Please discuss with your server.

If you have any food allergies or intolerances, please let your server know before ordering.
v - Suitable for vegetarian vg - Suitable for vegans. Full dietary information can be found
on our website. Calorie information is calculated using typical values and measures.
A typical adult needs 2000 calories a day.