NON GLUTEN Containing

BREAKFAST MENU

AVOCADO £9 (V) 315 kcal Smashed avo on toasted GF bread with pomegranate and mixed seeds Add **£2.50**: Bacon 137 kcal

Halloumi (V) 192 kcal OP Eggs (V) 132 kcal

EGGS BENEDICT £11 598 kcal Poached eggs, cured ham and harissa hollandaise on GF bread

BACON ROLL £5.50 $_{473 \text{ kcal}}$ With a GF bap

KIDS BREAKFAST (Until 12pm)

MINI BREAKFAST PLATE £4 from 363 kcal

Bacon, baked beans, GF bread and eggs (fried or scrambled)

PUDDINGS £6.50

.

WARM CHOCOLATE BROWNIE

(V) 477 kcal With strawberries, melted chocolate and vanilla ice cream

ICE-CREAMS (V)

Three scoops of...

Choose from: Chocolate 212 kcal Strawberry 172 kcal Vanilla 157 kcal

Vegan Vanilla (VG) 167 kcal

An optional 10% service charge will be added to your bill. Please let us know if you'd like this to be removed.

If you have any food allergies or intolerances, please let your server know before ordering. (V) - Suitable for vegetarians (VG) - Suitable for vegans. Full dietary information can be found on our website. Calorie information is calculated using typical values and measures. A typical adult needs 2000 calories a day.

ALL DAY MENU

FULLY LOADED NACHOS £9.50 (V) 982 kcal

Corn tortilla chips, smashed avo, cheese sauce, chipotle salsa, pico de gallo, chopped jalapeños and sour cream topped with cayenne ranch sauce Add: Pork £4 87 kcal

HUMMUS PLATE £7 (V) 430 kcal Hummus, olives, feta, pickled red onion and pomegranate seeds with GF bread

EDAMAME £4 (VG) 116 kcal Pan-fried in soy, ginger, garlic and chilli

OLIVES £4 (VG) 174 kcal Mixed marinated olives

PADRON PEPPERS £4 (VG) 34 kcal Pan-fried with sea salt

BROCCOLI AND PEAS £4 (VG) 53 kcal

GARDEN SALAD £4.50 (VG) 38 kcal

MAINS FROM 12PM

CALIFORNIA BURGER £10.50 598 kcal Herby grilled chicken, smashed avo, coriander, spring onion, chilli and mayo. Served in a GF bun

 $\begin{array}{l} \textbf{CLASSIC CHEESE BURGER £10.50} \\ \textbf{Filled beef patty, mature Cheddar cheese, red onion, tomato and Giraffe burger sauce. Served in a GF bun \end{array}$

PINK CAESAR SALAD £9.50 344 kcal Baby gem, tomatoes, onion, Parmigiano Reggiano crisps, boiled egg, beetroot and smoked Caesar salad dressing

Add: Chicken £4 183 kcal | Halloumi £2.50 193 kcal

KIDS MENU FROM 12PM (Children aged 10 & under)

1 MAIN + TWO SIDES £5

CHICKEN BURGER 355 kcal in a GF bun

ADD A DESSERT FOR £1.50

TROPICAL FRUIT ICE LOLLY (V)

39 kcal 100% organic and no added sugar

ADD A DRINK FOR £1.50 FRESH ORANGE JUICE 71 kcal CLOUDY APPLE JUICE 72 kcal PINEAPPLE JUICE 80 kcal 2 <u>Choose two sides</u>

PEAS 61 kcal BROCCOLI 26 kcal CARROT & CUCUMBER 21 kcal SIMPLE SALAD 14 kcal

SEASONAL LOLLIPOPS (VG) 46 kcal Fresh fruit skewers

ORGANIC YOGHURT POTS Mango and vanilla (V) 178 kcal or Strawberry (V) 74 kcal

MILK 99 kcal FRUIT SHOOT 39 kcal Orange Apple and Blackcurrant

Giraffe does not offer a total gluten-free environment, as we use gluten in our recipes and in our kitchens. This menu has been adapted to ensure that gluten is not an intentional ingredient within a dish. Steps are taken to minimise any risk of cross-contamination, however we cannot guarantee the total absence of any allergen. Please discuss with your server.